

Performance expectations for the **VITAL SIGNS** practical

Explain the procedure and report the results to the patient for each exam. You will have 8 minutes to perform the following from memory.

1. Demonstrate appropriate professionalism and demeanor when speaking with the patient.
2. Properly introduce yourself as a Student Intern and explain the procedures you will perform.
3. Properly perform and report the temperature assessment of the patient.
4. Properly perform the respiration assessment of the patient. Include in your verbal report the assessment of the components of respiration (rate, rhythm, depth).
5. Properly perform the pulse assessment of the patient. Include in your verbal report the assessment of the components of pulse for **the radial pulses only**.
 - a. **Bilateral** radial pulses (report rate, rhythm, amplitude, and contour)
 - b. **Bilateral** dorsal pedis pulses (or the most distal pulse you can establish)
6. Properly perform the **bilateral** blood pressure assessment of the patient.
 - a. Palpatory systolic
 - b. Auscultatory systolic (Phase 1)
 - c. Auscultatory mid-diastolic (Phase 4)
 - d. Auscultatory end-diastolic (Phase 5)
 - e. Pulse pressure
7. Properly perform auscultation of the carotid and subclavian arteries bilaterally.
8. Bring your thermometer, stethoscope, and your various sized BP cuffs.