

Performance expectations for the **ABDOMEN** practical

Explain the procedure and report the results to the patient for each exam. You will have 10 minutes to perform the following from memory:

1. Demonstrate appropriate professionalism and demeanor when speaking with the patient/proctor.
2. Properly introduce yourself to the patient/proctor and explain the procedures you will perform.
3. Perform a case history for the presented illness, gathering the chief complaint(s), the 18 HPI, and the Past Health History (PHH) questions. Ask all questions in a logical order. You may assume this is an established patient for whom you already have personal history, social history, family history, occupational history, etc.
4. Properly perform **inspection** of the abdomen.
5. Properly perform **auscultation** of the bowel sounds and vascular sounds.
6. Properly perform **percussion** evaluation of the abdomen (global evaluation).
7. Properly perform **size percussion** estimate of the liver and spleen.
8. Properly perform **palpation** of the abdomen with light, moderate, and deep palpation (global evaluation).
9. Properly perform **palpation** of the liver.
10. Properly perform **palpation** of the gall bladder.
11. Properly perform **palpation** of the spleen.
12. Properly perform **palpation** of the right and left kidneys.
13. Properly perform **provocative percussion** of the liver and kidneys.
14. Perform any additional tests (including but not limited to: gall bladder tests, appendiceal tests, and peritoneal rebound tests) **only as the case history and physical exam findings dictate.**
15. Be prepared to answer questions posed by the proctors concerning normal and abnormal examination results.
16. Bring your stethoscope.