

Performance Expectations for the Final Practical

Assume that the case history has been performed.

Perform the following from memory and report the results to the examiner:

1. Demonstrate appropriate professionalism and demeanor when speaking with the patient/proctor.
2. Properly introduce yourself to the patient/proctor and explain the procedures you will perform.
3. Properly perform the vital sign examination **bilaterally** and report the results:
 - a. Measure temperature
 - b. Note rate, rhythm, amplitude, contour of radial pulse bilaterally
 - c. Note rate, rhythm, depth of respiration
 - d. Note presence of dorsal pedis pulse bilaterally (or most caudal pulse)
 - e. Measure the palpatory and auscultatory brachial blood pressures (you may perform this exam **unilaterally**)
 - f. Auscultate the carotid and subclavian arteries bilaterally
4. Properly perform the head and neck examination and report the results:
 - a. Palpate the salivary glands, lymph nodes, and thyroid gland
 - ~~b. Palpate the position of the trachea~~
 - ~~c. Palpate and percuss the frontal and maxillary sinuses (no transillumination)~~
5. Properly perform the EENT examination **bilaterally, except as noted**:
 - a. Assess the external eye (3) ~~and distance visual acuity~~
 - ~~b. Assess the cardinal planes of gaze~~
 - ~~c. Assess peripheral fields of vision~~
 - ~~d. Assess the pupillary reflexes (all—accommodation, corneal reflection, direct/indirect)~~
 - e. Perform the ophthalmoscopic exam (you may perform this exam **unilaterally**)
 - f. Assess the external ear (3) ~~and auditory acuity bilaterally (Weber and Rinne)~~
 - g. Perform the otoscopic exam (you may perform this exam **unilaterally**)
 - h. Assess external nose (3), nasal patency and nasal mucosa (you may perform this exam **unilaterally**)
 - i. Assess the external mouth (3), oral mucosa, tonsils, and tongue
6. Properly perform the chest, lung, and cardiovascular examination:
 - a. Inspect the thorax (3)
 - b. Perform thoracic expansion
 - c. Perform tactile fremitus
 - d. Perform diaphragmatic excursion (use skin-marking pencil)
 - e. Auscultate breath sounds (posterior, lateral, and anterior)
 - f. Locate and observe the PMI
 - g. Auscultate the heart sounds with diaphragm and bell
 - h. Perform inspection of the peripheral venous system (JVP, edema, varicosities) and capillary venous return
 - i. Perform evaluation of right atrial pressure by observing hand veins

7. Properly perform the abdominal examination:
 - a. Observe the abdomen (3), including breath hold and half sit-up
 - b. Auscultate bowel sounds
 - c. Auscultate vascular sounds
 - d. Perform global percussion of the intestines
 - e. Perform light palpation of the intestines
 - f. Perform deep palpation of the intestines (for the purposes of this exam only, you may skip moderate palpation)
 - g. Perform specific organ palpation of the liver, gall bladder, spleen, and kidneys
 - h. ~~Perform fist percussion of the kidneys and liver~~

You will be scheduled in 20 minute time blocks to perform the examination.

Please note: some examinations you have learned have been intentionally omitted from this examination in an effort to shorten the practical (transillumination of the sinuses, global percussion of the lung fields, vocal resonance, palpation over the cardiac valves, size percussion of the liver and spleen).

The proctors will ATTEMPT to give you a “10 minutes remaining” notice and a “5 minutes remaining” notice so that you can stay on task and complete the exams on time. It is still YOUR responsibility to keep track of the time and complete the exams in a timely manner, even without the notice from the proctor.

IF TIME REMAINS, and if you have forgotten some exams, the proctor may prompt you to perform UP TO 3 of those exams, allowing you to earn UP TO half the credit for those forgotten exams. If no time remains, you will not be prompted for the forgotten exams.